



ELDERCARE911
JUDIE RAPPAPORT

Son feels guilty for putting Dad in nursing home

DEAR JUDIE: I recently moved Dad, 89, to a nursing home and I can't get over feeling that I somehow failed him. I cared for him in my home for five years, but when his needs escalated to 24-hour care, I couldn't afford to hire someone or quit work. Now, I hate visiting him because it makes me feel guilty.

Brad, Stuart

DEAR BRAD: Moving a parent to a nursing home can be one of the most heart-wrenching tasks caregivers face. Guilt and stress often keep hurting after the move, because every time we visit our parent we also revisit and reassess our decision.

A nursing home may not have been your first choice, but when you could no longer provide the care Dad needed, it may have been the best choice for his safety. Try to step back and recognize your achievements. Start with the thousands of times you helped and loved Dad when he needed you. When he needed more care than you could provide, you overcame your pain and found the help he needed.

Help Dad and yourself by joining a caregiver support group at Martin Memorial Hospital, (772) 287-5200, or seek private counseling to help acknowledge your successes and find peace of mind.

EMBARRASSING ITCH

DEAR JUDIE: Dad, 86, has mid-stage Alzheimer's disease. My kids and I love having him live with us. He's mild-mannered and agreeable to most things we ask him to do, but lately he's developed the embarrassing habit of rubbing and scratching his "privates" several times a day.

We used to take him to movies and restaurants, but after he stood up and scratched a few times, we were too embarrassed and began going without him. He no longer communicates well so he can't tell us why he's rubbing. Why does he do this?

Brenda, Hobe Sound

DEAR BRENDA: Dad scratches for the same reason as everyone else: he itches. Asking him to stop won't help because in mid-stage Alzheimer's his short-term memory is probably too impaired to remember your request. However, even when Alzheimer's robs people of their ability to communicate verbally, they can still speak to us with actions such as scratching, crying or acting aggressively to signal fear, discomfort or pain. Dad needs an appointment with his physician. To learn the signs and symptoms of developing problems, call Alzheimer's Community Care at (772) 223-6351, or the Alzheimer's Association at (800) 861-7826.

Judie Rappaport, CSA, is a partner at Preferred Client Services and the author of "Eldercare 911." Send your questions to Ask Judie, P.O. Box 2554, Jupiter, FL 33468-2554, or e-mail eldercaregivinghelp@comcast.net. Include daytime phone number.



MATTHEW RATAJCZAK • matthew.ratajczak@scripps.com
Marcie Steinman, left, a volunteer at the Humane Society Thrift Store in Stuart, looks at porcelain dolls with Bill Steinwachs, also of Stuart. Steinwachs' wife bought 25 of the dolls Wednesday. All of the dolls, which were donated by Bernadette Roop, are being sold for \$10 each.

Welcome to the doll house

Woman with hundreds of dolls donates them to Humane Society to help raise money

BY MEGAN V. WINSLOW
megan.winslow@scripps.com

STUART — In a special room at Bernadette Roop's home, porcelain dolls lined shelves from the floor to the ceiling. Each delicate face had a name and a story.

But this fall, due to some recent health issues, the 80-year-old Stuart resident decided to sell her house and live with her younger sister. The dolls, representing a lifetime of collecting, had to go. Just before Christmas, Roop donated between 400 and 500 of the dolls to the Humane Society of the Treasure Coast and today hundreds still rest on tables at the organization's Stuart thrift store, waiting for a new home.

Although Roop didn't wish to comment about the gift, her sister, Anna Dunn, said parting with the dolls — and the entire contents of her three-bedroom home — was an emotional but necessary decision.

Choosing the Humane Society, however, was easy for the avid dog lover, Dunn said.

"What's making her happy now is knowing

PURCHASE A BERNADETTE ROOP PORCELAIN DOLL

The Humane Society of the Treasure Coast is selling hundreds of Roop's porcelain dolls for \$10 each. Most of the dolls are not antiques, but some contemporary dolls depict such celebrities as Shirley Temple. All proceeds benefit the animals at the Humane Society.

Address: 2020 S.E. U.S. 1, Stuart, in the Stuart Square shopping center
Phone: (772) 286-6909
Hours: 10 a.m.-4 p.m. Monday-Saturday

she's able to save hundreds of dogs and cats," Dunn said.

In addition to the dolls, Roop donated about 500 Boyds Bears. The thrift store volunteers formed a special committee to sell those at the Palm City Evergreen Club Christmas dance in December. The event, called "A Very Beary Christmas,"

helped raise more than \$600 for the Humane Society.

With the proceeds from Roop's furniture and collectibles, the thrift store has had a major boost in its sales this season, said Terry Picciolo, store manager.

Customers have especially taken to the dolls, she said.

"Some people just come in and buy one or two for Christmas presents, but some buy 10 or 12 and they save them for birthdays and Valentine's Day," she said.

Roop's mother sparked her interest in collectibles by giving her dolls as a little girl. Despite living abroad in such exotic locations as Guam and the Philippines to be with her husband, a Navy man who died about a dozen years ago, Roop kept these childhood relics and began adding to them. Eventually, she started buying dollhouse kits and making her own miniature furniture. At Dunn's home, Roop uses a large

See **DOLL**, page E2

Guitar legend Robin Trower opens tour here Wednesday

BY BILL DEYOUNG
bill.deyoung@scripps.com

FORT PIERCE — Of all the electric guitar heroes to come out of England in the 1960s, Robin Trower holds a special place in the hearts of rock 'n' rollers.

He cut his teeth in the slightly off-center band Procol Harum, but burst forth in the early '70s as the leader of a bone-crushingly hard, full-decibel power trio. Trower's "Bridge of Sighs" (1974) is a seminal album, marrying aching blues riffing with cloud-like bursts of psychedelia. Trower, since that time, is always referred to — reverently — as the heir apparent to Jimi Hendrix.

Trower has a new CD out, "Seven Moons," with singer/bassist Jack Bruce of Cream. The 62-year-old guitarist and his band (sans Bruce) open an American tour Wednesday at the Sunrise Theatre.

Calling from his London home, Trower admits that he never actually met Hendrix, but got to say hello, once, when Procol Harum opened one of the legend's concerts.

Q. How big an influence was Hendrix on you?

A. A very big influence. The guy was a genius, and in my opinion added a new dimension to the language altogether. Pretty hard to ignore it, really. I don't really like to put me in the same sentence as him, but we had very

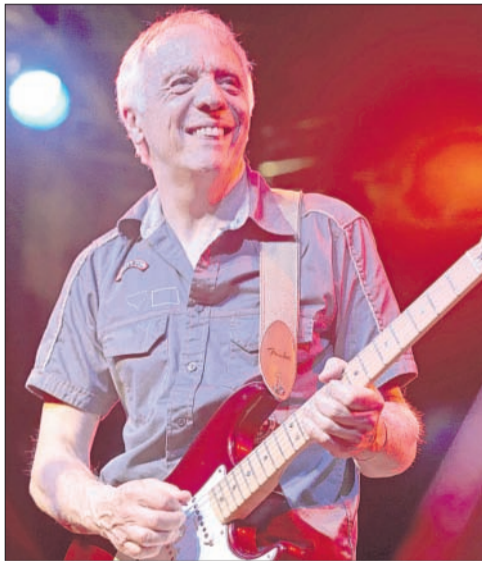


Photo provided

Guitarist Robin Trower's best-selling albums include "Bridge of Sighs," "For Earth Below" and "Long Misty Days."

Who: Robin Trower
Where: Sunrise Theatre, 117 S. Second St., Fort Pierce
When: 7 p.m. Wednesday
Tickets: \$29, \$25
Contact: (772) 471-4775, sunrisetheatre.com
Online: robintrower.com

See **TROWER**, page E2

Sustainable fashion offering farmers a hip new market

With designers looking to build greener supply chains, farmers hustle to meet industry's demand on domestic crops

BY GARANCE BURKE
The Associated Press

SAN FRANCISCO — In a workshop in the city's Mission District, Ally Beran's team of fashion designers sprawled out over buttons and spools of thread, hoping to stem global warming by stitching new outfits from thrift store finds.

A brown lace applique from a scrap bin could make last year's castoff cashmere pop, Beran mused.

Or, she thought, swatches from a tattered leather jacket could double as chic epaulettes on a high-end used sweater.

Designers of so-called sustainable fashion are not only dominating New York catwalks and urban boutique racks this winter, many also are providing farmers with new markets for their crops.

As with the movement for locally harvested food, ecofashion's devotees seek to lower their toll on the earth by buying clothes made of recycled materials and sustainably harvested, homegrown fibers.

This year, American Apparel and yoga-gear retailer prAna will start selling shirts spun with cotton grown in California's Central Valley and sewn just a few hours away, in Southern California, to avoid burning fossil fuels in transporting the materials.

Beran's creations, marketed under the label William Good — an anagram of the company's business partner, thrift store giant Goodwill Industries — are sold only online and in stores near San Francisco, also to reduce their carbon footprint.

Last summer, New York's Rag & Bone hired super-



GARY KAZANJIAN • The Associated Press

Josie Hua of Fountain Set fabric mill looks at organically grown cotton in Firebaugh, Calif.

model Shalom Harlow as the face for its line of filmy "carbon free" T-shirts, which were manufactured domestically in a process that required no greenhouse gas emissions.

For farmer Frank Williams, the new interest in locally grown, organic cotton has meant he's had to learn how to talk about threadcount and women's skirt lengths with the ecologically minded crowd that tours his fields near Fresno.

"These fibers are among the best organic in the world," Williams said as he led a group of fashion executives from China, Sweden and New York

See **FASHION**, page E2

The guide

TO YOUR SOCIAL SCENE

Everyday Dreamers

Warren Schwerin, Barry Broxton, Cassandra Hendley, Verna Wright, Diane Mahan, Dr. Rebecca Rustine, Joycelyn Darrisaw, Richard Hunter and Janice Miller are members of Wabasso Everyday Dreamers.



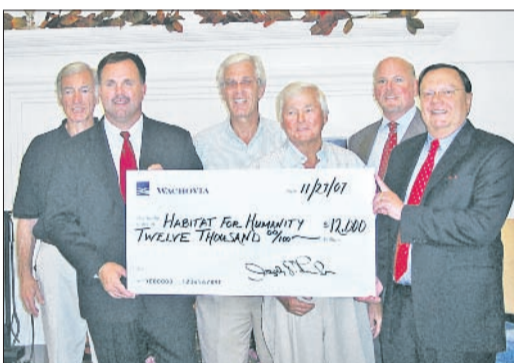
Photos provided

VMC gala



Brian Beauchamp, Chef John Saundry and Richard Van Woert prepare for Volunteers in Medicine Clinic's gala.

Habitat for Humanity



Wachovia Bank representatives Tony Caldarone and Michael McGee present a check to Andy Bowler of Indian River Habitat for Humanity and Dick Winkler and Craig Hunter Jones, of The Moorings, as Joe Lembo of Wachovia looks on.

United Way



Wendy and Denny Hudson at a United Way of Martin County de Tocqueville Society reception, accompanied by Florida Arts and Dance student Lian "Lili" Janasky.

Ecumenical Council



Roe Abma, James Gillespie, Michael Gillespie, Mark Thelan (Wal-Mart manager), Leslie Herrmann, Barbara Zingman and Judy Drawe, members of the Ecumenical Council in North Indian River and South Brevard counties, buy toys for 80 families.

Boys & Girls Club



Kathy Curran from Coggin BMW presents Melanie Pool from the Boys & Girls Club of St. Lucie with donated gifts for club members.

Toys for Tots



Charles Stevens and Treasure Coast Builders' Association president Randy Berry present Marine Staff Sgt. Nate Wells (center) of Toys for Tots with this year's donations from TCBA members.

'Comanche Moon' never rises to quality of 'Lonesome Dove'

BY TIM DUNHAM
Pittsburgh Post-Gazette

When a writer returns to a story, it should be because he has something to say about the characters and their situation. Sadly, CBS's "Comanche Moon" takes six hours and doesn't say much at all.

When you are making a prequel to "Lonesome Dove," one of the best miniseries ever made, you have some mighty big boots to fill. "Moon" gives us no good reason to meet these two most different of Texas Rangers, Augustus "Gus" McCrae and Woodrow F. Call, again.

"Comanche Moon" will be shown on CBS in three two-hour episodes Sunday, Tuesday and Wednesday, beginning at 9 p.m. each day.

Larry McMurtry, who won the Pulitzer Prize for the "Lonesome Dove" novel, co-wrote the adaptation of this novel with Diana Ossana (their script for "Brokeback Mountain" won them Academy Awards). Simon Wincer and Dyson Lovell, director and producer, respectively, of "Dove," returned as well.

Steve Zahn, who plays the hard-drinking and talkative Gus, has shown his range in the drama "Rescue Dawn" and the comedy "Happy, Texas." Here, when the script allows, Zahn delivers. Often, though, Gus is wooden or silly.

Karl Urban, who has been in "The Bourne Supremacy"



MONTY BRINTON
CBS Broadcasting Inc.

"Gus" McCrae, played by Steve Zahn, stars in "Comanche Moon," a six-hour miniseries starting tonight and continuing Tuesday and Wednesday.

and two "Lord of the Rings" films, plays Woodrow as if he were a hitching post.

The episodic nature of the story works against itself.

Gus, Woodrow and their fellow Rangers are led by Capt. Inish Scull (played by Val Kilmer, who draws top billing in what is a secondary role) on a hunt across pre-Civil War Texas for a Comanche chief, a horse thief and a Mexican bandit. The story gallops along in a straightforward manner (including a year-long gap to skip the Civil

War), but it rarely gives us a chance to learn enough about the major characters to care about them.

At the same time, it tries to find something to do for people we first met in "Dove." These "shout-outs" bring minor characters into focus for a moment, only to lose them again.

But "Moon" upends tradition by making the women more interesting than the men.

Elizabeth Banks ("Scrubs") plays Maggie, the mother of Woodrow's son, Newt. We get to know her well enough to worry about her when she's in danger and feel her heartbreak when she realizes the love she wants can never be.

Gus' favorite girl, Clara (Linda Cardellini of "ER"), is whip-smart about life and love. Watching her decide how to handle Gus is sad and satisfying at the same time.

Rachel Griffiths ("Hillary and Jackie," "Brothers & Sisters") plays Scull's trollopy Southern-belle wife, Inez, for comic relief. She leaves a good impression without wearing out her welcome.

But "Comanche Moon" is mostly about the men and their times. It undercuts its most dramatic story line — the Mexican bandit takes Scull hostage — by resolving the problem at the end of Part 2 in a way that is anti-climactic. An unsatisfying conclusion fails to deliver.

DOLL

FROM PAGE E1

porch as a workshop and continues to build minuscule wooden beds, tables and chairs.

"She says when she does that, she's in 'their land,'" Dunn said.

When families moved into Roop's neighborhood on Jacaranda Street, the new children would be treated to a tour of her home. In the bathrooms, they were likely to find sleepy-eyed dolls in bathrobes and pigtales. In a spare

bedroom, a teddy bear picnic would be under way with fluffy Boyds Bears congenially sipping tea. Now other children have a chance to see and even purchase these parts of Roop's life.

Catherine Carras, 77, and her husband, Nathan, wandered among the thrift store doll display for about an hour, taking in a sea of pale gold ringlets, rosebud lips and painted-on freckles.

"This is overwhelming for someone who never had a doll to play with," she said.

Just after she moved to the U.S. from Crete in 1937, Cath-

erine Carras' parents gave her a fragile Deanna Durbin doll that her mother promptly placed on a shelf and never allowed her to touch. One day, Carras' mother persuaded her to give the popular celebrity doll to a needy neighborhood girl who then ruined it during a romp in the mud.

Catherine Carras made up for lost time Wednesday by overloading her arms with porcelain dolls for her four granddaughters.

"The oldest one is 17, but I'm going to get one for each one," she said. "Maybe I'll get one for me, too."

TROWER

FROM PAGE E1

similar influences — people like Hubert Sumlin, B.B. King and T-Bone Walker. Chuck Berry. But he was the most creative rock 'n' roll guitar player, I think.

Q. You left Procol Harum after four albums. Was the band too small to hold you?

A. I always think of Procol Harum as being my university, if you like. That's where I learned, and I developed as a

musician within that, and started to become a writer as well. But I came to a point where I was writing too many songs for Procol Harum, and I wanted to get out and do all of them.

Q. As a solo artist, you made it really big in America. Was that part of the plan?

A. Nothing on the business side has ever interested me. It's just the way I'm made. I'm only interested in music, and making the music I want to make. Playing the guitar, for me, is all that matters. Fame is really good, because it's en-

abled me to go on, moving forward, making albums and all that.

Q. Is this tour ostensibly to make people aware of your new CD with Jack Bruce?

A. The main thing is to get out and play. To be honest, I feel like if I don't get out on the road once every 18 months, I'm going to lose ground as a player. Because you can sit at home and play as much as you like, but you don't get up to the place you need to get to unless you go out on the road and play every night in front of an audience.

FASHION

FROM PAGE E1

through rows of billowy cotton. With the right diameter, length and strength you can really spin the finest yarns that you want.

Farmers in the United States grow a small portion of the organic cotton used by the apparel industry, which still sources most of its fibers overseas in countries like Turkey where labor and production costs are cheaper. The market is clearly booming, however. The nonprofit Organic Exchange predicts sales of organic cotton fiber will reach \$226 million by 2009, up from about \$19 million in 2004.

American farmers are hoping that will translate into more demand for domestic crops.

The Sustainable Cotton Project, a nonprofit based in Davis, has helped cotton farmers by promoting California-grown BASIC cotton, a crop that's not quite organic but uses techniques that reduce pesticide usage by as much as 73 percent.



MARCIO JOSE SANCHEZ • The Associated Press

Production manager Ally Beran shows the William Good label, a play on words for the company's business partner, thrift store giant Goodwill. Beran's creations are sold only online and in stores near San Francisco, to avoid burning fossil fuels when transporting the clothes.

San Diego-based prAna recently snapped up hundreds of pounds of BASIC acala cotton for its "Homegrown T-Shirt," and American Apparel has committed to buying nearly half a million pounds, said Lynda Grose, a sustainable fashion design professor at California College of the Arts.

Coral Rose, who spearhead-

ed Wal-Mart's first purchase of organic yoga clothes in 2004 when she was a women's apparel buyer at Sams Club, said once companies start switching to natural fibers, it's only a matter of time before they start thinking about other sustainable design practices. Wal-Mart is now the biggest seller of organic cotton products worldwide.

Luminaries

Where the Stars Come Out Every Monday

HOW TO SUBMIT

Luminaries Sunday Social Scene is about the events and happenings of the local nonprofit agencies. Press releases and photographs about upcoming events or follow-up photos about past events are welcome. All subjects in photographs must be properly identified from left to right. Submit to luminaries@scripps.com.

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